

Instructions for video conference sessions on mobile device

1. You should be connected to the internet via a wireless hotspot or router for video.
2. Download and install the “Skype for Business” app from
 - a. the play store on android devices
 - b. the app store on apple devices
 - c. here <https://www.microsoft.com/en-us/download/details.aspx?id=49440> for pc running windows .
3. A link like the one shown here will be sent to you by your therapist or other Recovery Center staff.

Meeting link:

[https://meet.nmsas.org/\[REDACTED\]/ZJHRWC4V](https://meet.nmsas.org/[REDACTED]/ZJHRWC4V)

4. Click on the link or copy and paste into a browser.
5. The Skype for Business should open and you will need to choose “Join as Guest” shown below.



6. When the next screen appears type in your name and click on the arrow to enter the session as shown below.



7. Once you are admitted to the session, unmute your mic and start your video by pressing the buttons shown below. The buttons and/or screen may differ depending on the device you are using.

